



EDMONTON PUBLIC SCHOOLS

First Nations, Métis, & Inuit EDUCATION

Blanket Exercise for Parents & Guardians

January 23rd, 2018

Belvedere School

13359-62 Street NW

Stew & Biscuits at 6:00 P.M.

Blanket Exercise will begin at 6:30 P.M.

The event is free but we do need numbers for registration.

[Please RSVP by clicking here.](#)

WHAT IS THE BLANKET EXERCISE?

The Blanket Exercise is a workshop in which participants will experience over 500 years of history by taking on the roles of Indigenous peoples in Canada.

Workshop Outcomes

- Understand the historical relationship between Europeans and Indigenous peoples of Canada.
- Review key historical and current events that affect Indigenous peoples in Canada and Alberta.
- Explore the major themes of assimilation, discrimination, Indigenous rights and reconciliation.
- Reflect upon your own attitudes, beliefs and dispositions about First Nations, Métis and Inuit peoples in a non-threatening environment.

By engaging on an emotional and intellectual level, the Blanket Exercise effectively educates and increases empathy.