



FEBRUARY - MARCH 2020

Belvedere Bulletin

...working together to build a better community

Belvedere Community League 13223-62 Street Edmonton, Alberta T5A 0V5 (780)476-1224 www.belvederecl.com

Crime Prevention in Belvedere and Balwin

Wednesday, February 5th

6:00 - 8:00 pm

13223 62 St NW - Belvedere Community Hall

**Crime Prevention Through Environmental Design
presentation facilitated by: Connie Marciniuk.**

**Q & A with the Edmonton Police Service and
City of Edmonton Peace Officers.**

Mix and mingle with the City's

- **Community Safety Liaison**
- **Community Development Social Worker**
- **Neighbourhood Revitalization Coordinator**
- **Neighbourhood Resource Coordinator**
- **Abundant Communities Coordinator**

Snacks provided!

Register here: <https://belvedereandbalwinsafety.eventbrite.ca>

2019 - 2020 Board Members

president@belvederecl.com	Ray	President
vicepresident@belvederecl.com	Mike	V.President
secretary@belvederecl.com	Connie	Secretary
treasurer@belvederecl.com	Alana	Treasurer
membership@belvederecl.com	Brenda	Membership
BClnewsletterads@gmail.com	Mabel	Newsletter
webmaster@belvederecl.com	Tammy	Website
.....
Facebook	Vacant	Facebook
Cultural Liaison	Vacant	Cultural
social@belvederecl.com	Vacant	Social
sports@belvederecl.com	Vacant	Sports
Casino@belvederecl.com	Connie	Casino
Bingo@belvederecl.com	Erin	Bingo
Area Council 2 Rep	Mike	
Community Drop in	Sandra	Community Drop In
communitypatrol@belvederecl.com	Brenda	Patrol
hallrentals@belvederecl.com	Vacant	Hall Rentals
Special Projects	Tracy	Projects
programs@belvederecl.com	Lisa	Programs
Building/Grounds:	Vacant	476-1224
Soccer	Vacant	Soccer

Have a question, looking for info..
Please email the BCL Board Member.

There are some vacant positions on the board,
if you might be interested in any of them...
Please contact Ray for more information.

FREE Community Swim Pass Times:

O'Leary: Saturdays 3:45-5:45 pm
CLOSED until Spring 2020

Londonderry: Sundays 4:15-5:45 pm
Grand Trunk: Fridays 7:00-9:00 pm

Must present **current** community league
Membership card & swim pass.

IMPORTANT

Swim passes are tracked for usage.
Please use the pass or we could lose this
free program.

UPCOMING EVENTS

ANNUAL GENERAL MEETING APRIL



SPRING SHOPPING EXTRAVAGANZA APRIL 25th



WATCH NEWSLETTERS AND
THE COMMUNITY SIGN
FOR MORE INFORMATION ON
DATES AND TIMES.

Follow us on Facebook and Instagram
Remember to check our website for
Upcoming Events &
Community News



For the Health of it.....

MALL WALKING

Northgate Centre: mall doors
open at 7 am.
Londonderry Mall: mall doors open at 6 am
at entrances 2, 3 and 7.

Integrity
MASSAGE THERAPY

Ask about our
Hot Jade Stone massage!

By appointment only
P: 780.952.1765

Jan Siminiuk, RMT
Email: jan@integritymassagetherapy.ca
Address: 12818-52 Street, 2nd Floor
Edmonton, Alberta T5A 0B6
www.integritymassagetherapy.ca
Fully recognized by all benefit providers



30 minutes - \$50
1 hour - \$75
90 minutes - \$115

Newsletter Advertising:

Advertise your business/service in our next Newsletter
Space permitting

Next Submission deadline: **Mar. 19, 2020**

Our rates (per issue) are:

Business Card*	\$20
¼ page	\$30
½ page	\$50
Full page	\$100

BCLnewsletterads@gmail.com

*Members receive 1 free business card size ad per year

Belvedere Rink Hours – weather permitting

Monday, Wednesday,
Thursday & Friday 4 – 8:30
Saturday & Sunday Noon - 5
Tuesday Closed

Community members – Free
Non members \$2.00 / person / skate
Some skates and helmets available
Concession open

HOTDOG SUNDAY

Belvedere Rink

February 2nd & 23rd

****BONUS DAY...Family Day Feb.17th****

Come Out for an Afternoon of skating &
enjoy a treat!!



FREE hot dog &
hot chocolate for community members
from 1-3 pm



Belvedere Bingos Dates:

MONDAY, February 3rd

MONDAY, March 23rd

MONDAY, April 13th

If you or someone you know can help,
Call Erin at 780-478-1158.

Supper provided

Do you want to earn credit towards your
Children's Organized Activities or
Sports Registration fees??

Come work a Bingo and earn
\$75.00 towards those fees!!

CALL ERIN FOR MORE INFORMATION
780-478-1158



Support Belvedere Community League Memberships

Family / Adults - \$ 20.00

Seniors - \$10.00

Also available at Community events, the rink
when open & Belvedere School

Current memberships valid until Aug 31, 2020

Leave a message at 780-476-1224
or email

membership@belvederecl.com

COMMUNITY CONNECTIONS



This is a
**Free,
No
Charge**
Fun Time!!

Everyone is welcome. Please come and join your neighbors every **Tuesday mornings from 9:00 – 11:30 a.m.** for some great conversation, laughs and some coffee/tea and snacks.

Each week we will try and change things up with a different activity that you can try or just watch and enjoy your coffee while chatting. Remember you DO NOT have to do the activities if you do not want to, just come to say "Hello", have a chat and get to know one another.

February 4, 2020 – what the heck..try out a **Giant Obstacle Course Putt Billiards!**

February 11, 2020 – **pickle ball or ping pong!**

February 18, 2020 – after trying these you mean I can do them in my backyard?!

Try a game of **Giant Jenga.**

February 25, 2020 – oh I hear the sound of spring getting close. Come try some **Arts and Crafts**– bring your rocks that you were saving for the garden and give them a face. (please make sure to thoroughly clean them first). Or do some **pickle ball or ping pong.**

We look forward to seeing you!! ☺

CHRISTMAS SHOPPING EXTRAVAGANZA

On November 16th, we hosted a very successful Christmas Shopping Extravaganza event.

There were over 20 vendors who had their home made and/or home based business products on display.

Throughout the day over 258 attendees came by and checked out the sale. Many walked away with some great finds for Christmas gifts (or themselves!).

There were door prizes, raffles and many treats for all who attended!!



We are planning a Spring Shopping Extravaganza Event for April 25th, 10-5 pm.
Any interested vendors can email Lisa at social@belvederecl.com for more details.

ZUMBA - Every Wednesday



Belvedere Hall - 13223-62 St

7:00-8:00pm

Community Members \$ 5.00

Non-members \$ 7.00

Zumba is a fitness program that combines Latin and international music with dance moves. **Zumba** routines incorporate interval training-alternating fast and slow rhythms-resistance training. **COME JOIN IN ! Meet others who like to move and have fun !**

**Hosting a Special Zumba strong class on Tuesday February 4th
as class cancelled on February 5th.**



Community Patrol

Happy new year let's see what we can do to help deter crime and make Belvedere stats go down. The stats are to January 15, 2020.

Occurrences of selected crimes in BELVEDERE

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
2020	28												28
2019	39	24	30	35	27	33	31	32	37	29	32	22	371
2018	26	21	27	19	19	35	16	22	17	25	26	31	284

According to NE division EPS we are once again on a spike with theft from and of vehicles. Take note to watch out for theft of the catalytic converters and report all incidents.

If you are interested in helping patrol email me at communitypatrol@belvederecl.com

Brenda

Being A Good Neighbour

We encourage being good neighbours in our community. We thank residents that go out of their way to introduce themselves. A smile or wave can go a long way.

Good neighbour's actions support community. The definition is someone to be trusted, courteous and a friendly source when help is needed.

A good neighbour should respect each other's property, and one another's space. Knowing who lives beside and around you can help in case you're in need of help; such as going away you can or they can ask for help with picking up of mail, packages, shoveling snow, mowing the grass to putting out some garbage to make the home looked lived in.

Good neighbouring does help deter crime and violence in our neighbourhood.

Be kind to one another for kindness is never wasted. Wont you be my good neighbour?

With winter we may notice someone in distress and needs help call 211

INTRODUCTION TO URBAN POLING

Curious about the walking pole workout? Urban poling (also known as Nordic walking)—think cross-country skiing without the skis—has toning, calorie-burning and posture benefits that have made it popular in Europe for decades and a new workout favourite in Canada. Just grab your poles and go—no need for a pricey spandex outfit or a fancy gym membership!



For those interested and for more info, check out: urbanpoling.com

Or contact Kim Mah:

kim.mah@efcl.org 780-217-2087 or 780-437-2913

Belvedere will be establishing our own program with interim leaders Sandra and Myra.

**WATCH NEWSLETTERS/FACEBOOK AND THE COMMUNITY SIGN
FOR MORE INFORMATION ON DATES AND TIMES OF START UP.**

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LEARN TO SKATE FREE Drop In

Learn the skills to become active on the ice. Our program is designed around basic skills, movement, participation and fun!

Targeted for children (ages 6-12) and their families, however all welcome to attend

contact: www.edmonton.ca/dropincommunityprograms or call 311

January 6 to February 16

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DeTwood 7515 DeTwood Road 10 - 1PM						Bannerman 14034 23 street 10 - 1PM
Westmount 12840 109 Ave 230 - 530PM	Montrose 5920 119 Ave 4 - 7PM	Newton 5510 121 Ave 4 - 7PM	McCauley 9425 109A Ave 4 - 7PM	McLeod 14715 59 Street 4 - 7PM	Glengarry 13325 89 Street 4 - 7PM	Hairisine 3120 139 Ave 230 - 5PM



COMMUNITY CHRISTMAS DINNER

Celebrating a Christmas Dinner Together

On December 8th, Belvedere Community League with support from Trinity Church, Balwin/Belvedere Revitalization and Right at Home Housing hosted a free community dinner, all community residents were welcome to attend.

The caterers cooked enough for 500 people with the leftovers being donated to those less fortunate in the community.

We are looking forward to hosting this again in the future as it was wonderful to see the community coming together and everyone getting to know their neighbours.



We would like to acknowledge and thank all the volunteers from Trinity Church, Belvedere and Right at Home.

Pretty Pink Aprons Catering for preparing a fabulous meal and to all those who kindly contributed in the donation box.

BALWIN/BELVEDERE REVITALIZATION UPDATE



For Updates and Info

Stay Connected to the Project and Get Involved!

Visit the project web page and sign up to the mailing list to receive project updates at edmonton.ca/BalwinBelvedereRevitalization

Reach out to Serena, Revitalization Coordinator with your ideas, questions or comments at balwinbelvedererevitalization@edmonton.ca

Grants are available now. Make sure you check them out. If you have any great ideas of what the Revitalization can spend capital dollars on please be sure to share it.

fresh routes
Mobile Grocery Store

Wednesdays, 2:00pm - 3:00pm

Trinity Church Gym
13427 57 St NW, Edmonton

Fresh Routes is a mobile grocery store. We bring healthy, affordable, food right to you. Veggies, fruit, eggs, bread, and other healthy non-perishables that are awesome for humans & for our planet.

We accept cash, credit, and debit. Bring your own bags and help us reduce waste. Everyone is welcome!

freshroutes.ca
freshroutesinc
freshroutes
freshroutes

**GOOD FOOD
STOPS FOR YOU**

Also Wednesdays, 6:30pm- 8:00pm
East Wing, Claireview Community Recreation Center
3804-139 Avenue